



WHAT'S ON THE MENU

WEEK COMMENCING MONDAY 09.09.24

MAIN DISHES

MONDAY	Slow Cooked Pork and Vegetable Biryani, Steamed Mixed Vegetables
TUESDAY	Smoked Bacon & Spinach Penne Carbonara, Parsley New, Tender stem & Fine Beans
WEDNESDAY	Chicken Bourguignon, Bacon, Baby Onions, Steamed Rice, Tarragon Roasted Carrots
THURSDAY	Farmhouse Pork Sausage & Mixed Pepper Casserole, Mustard Seed Potatoes, Garden Peas
FRIDAY	Minced Beef, Sweet Potato & Leek Hot Pot, Onion Roast Potatoes, Mixed Vegetables

SOUPS

MONDAY	Cream of Mushroom
TUESDAY	Spicy Mixed Pepper & Orange
WEDNESDAY	Tuscan Bean, Bread & Olive Oil
THURSDAY	Leek, Potato & Tarragon
FRIDAY	Lightly Curried Cauliflower

VEGETARIAN

MONDAY	Triple Cheese Macaroni Gratin, Steamed Mixed Venerable
TUESDAY	Roast Pepper & Parsley Paella, Tenderstem & Fine Beans
WEDNESDAY	Chestnut Mushroom Stroganoff, Steamed Rice Tarragon Roast Carrots
THURSDAY	Spinach, Green Lentil & Feta Filo Pie, Mustard Seed Potatoes
FRIDAY	Creamed Spaghetti Carbonara,

SNACK

MONDAY	Triple Cheese Flatbread Pizza
TUESDAY	Spinach Pakora, Mango Chutney, Dahl
WEDNESDAY	Welsh Rarebit Ciabatta toasty
THURSDAY	Chicken, Garlic Mayo Deli Wrap
FRIDAY	Fish Finger Butty, Lemon Mayo

HOT DESSERT

MONDAY	Banana Sponge
TUESDAY	Raspberry Steamed Pudding
WEDNESDAY	Orange Toasted Oat Flapjack
THURSDAY	Lemon Curd Sponge
FRIDAY	Choc Brownie

EVERYDAY	A Selection of Chilled Desserts & Fresh Fruit Pots
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