# MEEK STARTING MONDAY 15th SEPTEMBER



# **Daily Staples**

Freshly made Soups, A
selection of salads, Home
cooked meats from the
salad bar, jacket potatoes
and freshly made cold
desserts from the Dessert
Table

## MAIN DISHES

#### Monday

Penne pasta carbonara with peas & green beans

#### Tuesday

Sweet & sour chicken with egg noodles

#### Wednesday

Roast chicken, Yorkshire puddings, roast potatoes carrots & cabbage with gravy

#### **Thursday**

Chili con carne with steamed rice & crushed nachos

#### Friday

Hot dogs with chunky chips & slaw

### **VFGFTARIAN**

#### Monday

Conchiglie pasta with tomato ragu peas & green beans

#### Tuesday

Chickpea & spinach goulash boiled potatoes

#### Wednesday

Cheese, onion & potato pie, carrots & cabbage

#### Thursday

Quorn chili con carne with steamed rice & crushed nachos

#### Friday

Vegan sausages, chunky chips, tomato ketchup & slaw

Where possible there will be a Halal option for main course Please make sure your child asks a member of the catering team

# SOUPS

Monday Leek & potato

Tuesday Cream of tomato

Wednesday Spinach & watercress

Thursday Red lentil & tomato

Friday Mushroom & rosemary

# **DESSERTS**

#### Monday

White chocolate custard biscuits

#### Tuesday

Jam sponge & custard

#### Wednesday

Lemon Breton shortbread

#### Thursday

Banana muffins

#### Friday

Chocolate traybake